

PROVIDER NEWSLETTER

A newsletter for Molina Healthcare Provider Networks



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Consumer Assessment of Healthcare Providers and Systems (CAHPS®)

The Consumer Assessment of Healthcare Providers and Systems (CAHPS®) is an industry standard survey tool used to evaluate patient satisfaction. Improving patient satisfaction has many benefits. It not only helps to increase patient retention but can also help increase compliance with physician recommendations and improve patient outcomes.

Focusing together on a positive patient experience will have many important benefits to your practice:

- Increase patient retention
- Increase compliance with physician clinical recommendations
- Improve patient's overall wellness and health outcomes
- Ensure preventive care needs are addressed more timely
- Reduce no show rates

Please encourage your patients who have received the CAHPS® survey to participate. Listed below are a few topics addressed in the survey regarding patient care:

- Getting needed care
- Getting care quickly
- How well the doctors communicate

Molina Healthcare's 2019 Quality Improvement Results

Molina Healthcare conducts an annual program evaluation to assess how well we meet the performance goals and objectives for improving the quality and safety of clinical care and services specified within the Quality Improvement Program Description and annual work plan. Below are highlights from the annual evaluation.

CAHPS[®]: The Consumer Assessment of Healthcare Providers and Systems (CAHPS[®]) is a survey that assesses Molina members' satisfaction with their health care. It allows us to better serve our members.

Molina has received results of how our members scored our providers and our services.

Medicaid: In 2019, Molina performed well in shared decision making, getting members needed care and rating of specialist. We need to improve our performance for rating of health plan and care coordination.

Marketplace: In 2019, Molina scored well for measures related to medical assistance with smoking and tobacco use cessation, getting care quickly and flu vaccinations. We need to improve our rating of health plan, rating of all health care and plan administration.

MyCare Ohio: In 2019, Molina's top measures included rating of drug plan, care coordination and getting care quickly. There is opportunity to improve the percentage of members who receive the flu and pneumonia vaccines.

HEDIS®: Another tool used to improve member care is the Healthcare Effectiveness Data and Information Set (HEDIS®). HEDIS® scores allow Molina to monitor how many members are receiving the services they need. Measures include immunizations, well-child exams, Pap tests and mammograms. There are also scores for diabetes care, and prenatal and after-delivery care.

Medicaid: In 2019, Molina improved in several HEDIS® measures including: adherence to antipsychotic medications for members with schizophrenia, eye exams for diabetic members and blood pressure control for diabetic members. We need to improve on follow-up care for children prescribed Attention Deficit Hyperactivity Disorder (ADHD) medication and diabetes screening for members with schizophrenia or bipolar disorder who are using antipsychotic medications.

Marketplace: In 2019, Molina improved in HEDIS® measures for adult Body Mass Index (BMI) assessment and hemoglobin A1c control in diabetic members. We need to improve our performance on chlamydia screening among female members and annual monitoring for members on persistent medications.

MyCare Ohio: In 2019, Molina improved in HEDIS® measures for engagement and initiation of alcohol or drug treatment. We need to improve our care for older adults including pain assessment, functional status assessment and medication review.

Behavioral Health Satisfaction: Molina also assesses members' satisfaction with their behavioral health services. In 2019, Molina improved in the following measure: rating of health plan. Areas for improvement include how well clinicians communicate, members feeling informed about their treatment options, getting treatment quickly, member's perceived improvement, and getting treatment and information.

Provider Satisfaction Additionally, Molina performs an annual analysis of how well providers' expectations and needs are being met. Areas of success for all lines of business are call center service satisfaction. Areas for improvement exist around satisfaction with the utilization and quality management, provider relations and availability, and quality of specialists and behavioral health providers.

Culturally and Linguistically Appropriate Services: Molina assesses the cultural, ethnic, racial and linguistic needs and preferences of members on an ongoing basis. Information gathered during regular monitoring and annual network assessment is used to identify and eliminate cultural and/or linguistic barriers to care through the implementation of programs and interventions. In 2019, the large majority

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(95%) of Molina Medicaid members identified English as their preferred language, followed by Spanish (2%), Somali (1%), Ukrainian (1%) and Nepali (1%). Spanish was the most requested language for Molina of Ohio's interpreter services, followed by Nepali, Somali and Arabic. Overall, Molina found that the current Culturally and Linguistically Appropriate Services program resources, structure, and practitioner and community participation are sufficient based on member needs. Additionally, Molina has a new series of short Cultural Competency training videos available at www.MolinaHealthcare.com on the Culturally and Linguistically Appropriate Resources page listed under Health Resources. You can look at the progress related to the goals Molina has set for the annual CAHPS® survey results and the annual HEDIS® measures in more detail on the Molina website. You can also view information about the Quality Improvement Program and print a copy if you would like one. Please visit the provider page on Molina's website at www.MolinaHealthcare.com/OhioProviders.

Rybelsus

Rybelsus (oral semaglutide), a glucagon-like peptide-1 (GLP-1) receptor agonist, was recently approved in Sept. 2019 by the Food and Drug Administration (FDA) for the treatment of type 2 diabetes in adults. This is the first oral formulation of a GLP-1 receptor agonist to be approved in the United States (US). A once weekly injectable form of semaglutide has been on the US market since 2017.



In a series of ten PIONEER phase 3 trials conducted by Novo Nordisk, oral semaglutide performed favorably against other

injectable GLP-1 receptor agonists and other currently available antidiabetic medications. It has a list price of \$772 for 30 tablets.

A recent study conducted by the Institute for Clinical and Economic Review (ICER) compared oral semaglutide to liraglutide, empagliflozin, sitagliptin and ongoing background antihyperglycemic treatment (metformin, sulfonylureas, insulin). In summary, the report found:

- Oral semaglutide reduced HbA1c more than placebo, empagliflozin, sitagliptin and liraglutide at 52 weeks.
- Oral semaglutide reduced body weight more than placebo, liraglutide and sitagliptin. Reductions in body weight were similar with oral semgalutide and empagliflozin.
- Oral semaglutide did not have a statistically significant reduction in major adverse cardiovascular events (MACE) compared to placebo. Injectable semaglutide, liraglutide and empagliflozin did reduce MACE compared to placebo.
- Gastrointestinal effects including nausea, vomiting and diarrhea were the most common adverse reactions reported with oral semaglutide (up to 20% of trial participants), which led to increased rates of therapy discontinuation.

Table 1: Oral Semaglutide and Comparators

Treatment	Add-On Drug Cost	Complication Cost	Total Cost	MACE	CHF	ESRD	LYs	QALYs
Oral Semaglutide + background treatment	\$46,000	\$208,000	\$295,000	59.9%	29.4%	13.0%	8.18	4.03
Sitagliptin (Januvia®) + background treatment	\$5,000	\$209,000	\$254,000	65.8%	27.6%	14.8%	7.66	3.73
Empagliflozin (Jardiance [®]) + background treatment	\$16,000	\$204,000	\$263,000	63.4%	22.8%	12.4%	8.07	3.97
Liraglutide (Victoza*) + background treatment	\$60,000	\$203,000	\$305,000	62.2%	23.5%	12.4%	8.06	3.72
Background treatment alone	-	\$208,000	\$250,000	67.2%	27.7%	14.6%	7.55	3.63

Table 1 shows estimated lifetime costs, medical complication costs, major adverse events, life years added and quality-adjust life years added of oral semaglutide and comparators.

MACE: major adverse cardiovascular event, CHF: congestive heart failure, ESRD: end stage renal disease,

QALY: quality-adjusted life years

When considering price, effectiveness and adherence, ICER found oral semaglutide to be cost-saving compared to liraglutide, sitagliptin and background treatment alone, but not compared to empagliflozin.

Victoza and Trulicity are the preferred agents on the Ohio Medicaid Unified Preferred Drug List. Ozempic and Victoza are the preferred agents for the Marketplace formulary for 2020.

References:

 Rind D, Guzauskas G, Fazioli K, Hansen R, Kumar V, Chapman R, Borrelli E, Bradt P, Pearson S. Oral Semaglutide for Type 2 Diabetes: Effectiveness and Value. Institute for Clinical and Economic Review, November 1, 2019. <u>http://icer-review.org/material/diabetes-evidence-report/</u>

Electronic Funds Transfer (EFT)

Molina has partnered with our payment vendor, ProviderNet, for Electronic Funds Transfer and Electronic Remittance Advice. Below are additional benefits and reminders:

Benefits:

- Providers get faster payment and it eliminates mailing time (processing can take as little as three days from submission)
- Providers can search for a historical Explanation of Payment (EOP) by claim number, member number, etc.
- Providers can view, print, download and save a PDF version of the EOP for easy reference with no paperwork to store
- Transfer Protocol (FTP) and their associated Clearinghouse
- Electronic Funds Transfers ensure HIPAA compliance
- It's a free service for you

ProviderNet Reminders:

- ProviderNet is only for providers who have registered for EFT
- Providers should always login to their ProviderNet account and view their payment history before contacting Molina about a missing EFT payment
- ProviderNet only facilitates the payments from Molina to the provider; questions regarding claims payment should be directed to Provider Services/Call Center at (855) 322-4079
- If a provider receives a Molina payment that is not on their ProviderNet account (frequently Accounts Payable payments), providers should contact Provider Services/Call Center at (855) 322-4079
- Providers should be reminded to add all National Provider Identifiers (NPI) to their account that receive Molina payments

Get started today! Provider that are not registered for EFT payments should contact: Electronic Funds Transfer at: Phone (866) 409-2935 or Email: EDI.Claims@Molinahealthcare.com.

Opioid Use Disorder



The Problem:

Your community, town or practice is likely no stranger to the Nation's opioid crisis. According to the National Institute of Drug Abuse (NIDA), "Every day, more than 130 people in the United States die after overdosing on opioids" (NIDA 2019) and every 15 minutes a baby is born that will suffer from opioid withdrawal (https://www.drugabuse.gov/related-topics/trends-

statistics/infographics/dramatic-increases-in-maternal-opioid-use-neonatal-abstinence-syndrome). The economic burden of prescription opioid misuse in the United States is estimated to be \$78.5 billion a year. This would include health care costs, lost productivity, addiction treatment and criminal justice involvement with more than a third of these costs being attributable to increased health care and substance abuse treatment costs.

Molina's Solution:

Molina has developed an Opioid Use Disorder (OUD) Model of Care (MOC) to help support the work that our providers are doing everyday by ensuring our internal processes work to remove barriers to care and that our clinicians are equipped with the skills to coordinate care for this vulnerable population. Molina's approach includes assigning a Substance Use Disorder (SUD) Navigator who has completed additional SUD trainings to improve efficiency of care coordination, member engagement and empower members to successfully self-manage post program completion. Molina's OUD MOC has identified opportunities to improve knowledge and processes that impact Molina's effectiveness in caring for members affected by opioid use. The OUD MOC is designed to improve factors related to access, education, appropriateness of treatment, collaboration, engagement and internal awareness. The model includes:

- Health Plan Internal Awareness Gap Analysis
- Member (At-risk) Identification
- Enhanced Care Coordination
- Proprietary Screening Tools
- Comprehensive Staff Competency Trainings
- Data Dashboards and Reports

• Feedback and Monitoring

How You Can Help:

Minimize opioid overdose misuse, overdose and addiction by incorporating the following into your practice:

- Familiarize yourself with the latest HEDIS® measures and associated tip sheets which include:
 - Risk of Continued Opioid Use
 - Use of Opioids at High Dosage
 - Use of Opioids from Multiple Providers
 - Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence
- Refer members who you identify as possible candidates for care coordination through our OUD MOC to our care management department
 - You may contact us at (855) 322-4079
- Consider becoming a Medication Assisted Treatment (MAT) provider by applying for the Drug Enforcement Agency (DEA) X Waiver (resources below) to help close the access to care issues many patients face when attempting to seek help for their opioid addiction

Provider Resources:

- Visit our website (<u>www.MolinaHealthcare.com/OhioProviders</u>) for our Opioid Safety Provider Education Resource Kit, which includes free CMEs on Opioid Safety, located under our Health Resources tab
- Visit our website (<u>www.MolinaHealthcare.com/OhioProviders</u>) to view for our Medication Assisted Treatment videos, located on the Molina Homepage
- Our latest HEDIS® Tip Sheets containing information on the measures mentioned above will soon be available via the Provider Portal or by talking with your local Provider Services team at (855) 322-4079

Sources:

National Institute of Drug Abuse. Opioid Overdose Crisis, January 2019. National Institute of Drug Abuse. Neonatal Abstinence Syndrome.https://www.drugabuse.gov/related-topics/trendsstatistics/infographics/dramatic-increases-in-maternal-opioid-use-neonatal-abstinence-syndrome

National Center for Injury Prevention and Control, Centers for Disease Control and Prevention, Atlanta. GA. The Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence in the United States, 2013.

2020 Provider Manuals

The 2020 Provider Manuals are available on the Molina of Ohio website at

MolinaHealthcare.com/OhioProviders. The provider manuals are customarily updated annually but may be updated more frequently as policies or regulatory requirements change. The provider manuals are intended to provide Molina's contracted providers with guidance in understanding Molina's programs, processes and policies. Providers can access the most current provider manuals at MolinaHealthcare.com/OhioProviders.

Provider Portal Corner



We improved the way you can report a data change to us. The new feature allows a provider or member to submit demographic corrections directly to Molina.

Online Correction Locations:

Provider	Details			Zip: 77080		
Back				Mobile Number:		
Name:	Title:		Ge			
DOE, JOHN	DO		Male	Report an update or inaccuracy in the Provider Directory: Submit Here		
NPI:	License ID:	License Type:				
1234567890	Not Available	SPECIALIST				
Report data change in the Provider Directory Edit If you are a Molina Member: Submit Here If you are a Molina Provider: Submit Here If you are a Molina Provider: Submit Here Medical Doctors are Licensed and Regulated by State Medical board.						
POD – Search Details page			Provider Portal			